



Feed My Sheep Food Program

Volume 2, Issue 3

July, August, September, 2011

THE INSIDER

More and more people are needing food and clothes . They are coming to the food pantry for help. Therefore, our food boxes/bags have increase to over a 100. Your help is very much needed by way of volunterng, hosting food drives, making donations.

Our current location is at the corner of 90th and MacArthur Blvd. Currently we are seeking a modular mobile building to place on the lot that will allow the pantry to be open to serve people in need of food & clothes on a daily basis.

Our distribution day is the third Friday of each month, 1:00-3:00 pm.

The Feed My Sheep Food Program under went a name change to Feed My Sheep Food Pantry: Promoting Healthy Eating.

A fresh produce section have been added to the distribution. Our clients select and choose from a variety of fresh produce that is available; basic healthy receipts are given out on how to prepare th fresh produce.



QUARTERLY DISTRIBUTION COUNT



Month Bag Lunches Food Boxes/Bags

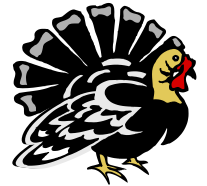
July	100	98
August	100	143
September	100	103
TOTAL	300	344

Use Your S.H.A.R.E. Card

Free Cash! EVERYONE CAN DO THIS!

Pickup your card from Faye Gabriel

The holiday season will soon be upon us. The pantry have a goal of distributing 100 turkeys for November & December. We need your help. If you would like to donate a turkey or know of an organization that is willing to make a donation, let me know. Call: (510)384-86-4



Follow us on our blog for up-dates as they take place

FMSFP Blog /Website



Visit our FMSFP website & blog at:

www.FeedMySheepFoodProgram.blogspot.com

www.FeedMySheepFoodProgram.org

MAILING LIST

We would like to build a mailing list for our newsletter and we need names & addresses.

Please notify Faye Gabriel to add your name to the mailing list call or by e-mail.

FROM OUR PHOTO GALLERY



Feed My Sheep Food Program

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Directors

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